

Support Survivors with Cards of Encouragement



A few kind words can make a difficult day feel better. Cards of encouragement are a meaningful way to support survivors.

You can write a couple of cards or a bundle of many cards. This makes for a lovely way for your community, faith, or work group to support the mission. Here are a few tips and best practices:

1. Use a general salutation: Hello, Hi there, and Dear Survivor are good options.
2. Maybe begin with why you're writing the card - something like this: This must be such a difficult time for you, and I wanted to let you know someone cares.
3. You don't have to write a lot. Just a couple of lines can make a difference. Lean into celebrating the survivor's strength and courage.
4. Close with a message of hope—maybe something like this: May your tomorrows be safer, brighter, and full of hope.
5. Sign with your first name or first + last name, but don't include your address or phone number.

We also welcome cards for birthdays and other holidays! When your cards are ready, bundle them up and mail to the attention of our Community Engagement Team at GreenHouse17, PO Box 55190, Lexington, KY 40555-5190.

**For more question or more information, call 859-519-1911
or email contact@greenhouse17.org.**

Green  House17

Nurturing lives

harmed by intimate partner abuse.



GreenHouse17.org

**24-HOUR HOTLINE
800.544.2022**